GEORGIA FIREFIGHTER STANDARDS AND TRAINING COUNCIL

PHYSICAL AGILITY TEST ACCEPTANCE FORM

By signing below I hereby verif	fy that the physical agility test currently utilized by
the	Fire Department meets or exceeds the
Physical Agility Test as approv	ed by Georgia Firefighter Standards and Training
Council.	

The following series of tasks comprise the approved physical agility test as specified in OCGA 25-4-8(a) (5). All of the six tasks must be completed in seven minutes or less.

1. Stair Climb

The candidate, given a rolled 50-foot section of $1\frac{1}{2}$ or $1\frac{3}{4}$ inch diameter hose and a multistory structure, shall carry the hose section up one flight of stairs to the second floor and then return to the starting point with the hose. This exercise simulates the fire ground operation of carrying a section of fire hose to and from an upper level of a structure.

2. <u>Ventilation Exercise</u>

Given a fire department axe and standing on level ground with a target (such as a wooden pallet) placed on the ground in front of them, the candidate must strike the target with the axe 20 times. The axe must be brought completely over the shoulder to simulate a chopping motion as if cutting a ventilation hole. This exercise simulates the fire ground operation of cutting a ventilation hole using an axe.

3. Ladder Extension

The candidate, given a 24-foot aluminum extension ladder in a securely supported vertical position, must extend the fly section of the ladder to the top rung. The candidate must then lower the fly section in a controlled fashion to the starting position. This exercise simulates the fire ground operation of extending and lowering the fly section of a ground ladder as to reach an upper story of a structure.

4. Hose Advance

The candidate, given a charged (75 PSI nozzle pressure) 100-foot 1½ or 1¾ inch hoseline, shall pick-up the nozzle and advance the pressurized hoseline for a distance of 50 feet. After reaching the destination, the candidate shall lay the hose on the ground. This exercise simulates the fire ground operation of advancing a charged hoseline to a fire

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5. Rescue Drag

The candidate, given a 165-pound dummy on a level paved surface, shall drag the dummy a distance of 50 feet. This exercise simulates the fire ground operation of an emergency removal from a hazardous area of a team member or victim who may be rendered incapacitated.

6. <u>Ladder Removal/Replacement</u>

The candidate, given a 14-foot roof ladder placed in a horizontal position at a height of 5 feet and with the ladder rungs in a vertical position, shall lift the ladder from it's support and place it on the ground then pick it up and return it to it's original position. This exercise simulates the fire ground operation of removing from and replacing a ladder on its mounting bracket on the fire apparatus.

SPECIFIC NOTES:		
Print Name	Signature:	
FIRE CHIEF, OR DESIGNEE		
Department		Date://

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